






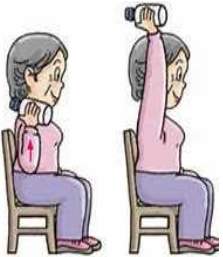







SENIOR LIFT WEEKLY ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Spanish 9:30 – 10:30</p> <p>Exercise 10:30-11:30</p>	<p>Book Club 9:30 – 10:30 <i>1st Tuesday only.</i> <i>Other Tuesday</i> <i>open for</i> <i>suggestion.</i></p>	<p>Ping Pong 9:30 – 10:30</p> <p>Drama 10:00 – 12:00</p>	 <p>BINGO 10:00 -11 :00</p>	 <p>Line Dance 10 : 00 – 11 : 00</p> <p>Ping Pong 11 : 00</p>	<p>EVERY DAY OPEN GAMES BILLARDS DOMINOES RUMMIKUB</p>
<p>Bunko 12:30 – 3:00</p> 	<p>Exercise 10:30-11:30</p> 	<p>Exercise 10:30 - 11:30 *****</p> <p>Health & Wellness 11:30 – 12 :00</p>	<p>Ecology 12:30 -1:30</p> 	<p>Hula Dancing 11:00 - 12:00</p> 	<p><u>ATTENTION</u> <i>Check your</i> <i>e-mails for any</i> <i>changes or</i> <i>updates.</i></p>
<p>COMPUTER CLASS 12:30 – 1:30 2:00 – 3:00</p> 	<p>Bridge Canasta Mah jong</p> <p>12:30 – 3:00</p>	<p>Chair Yoga 1:00 – 2:00</p> 	 <p>COMPUTER CLASS 12:30 – 1:30 2:00 – 3:00</p>	<p>WRITING 12:30 -1:30</p> 	
	<p>CREATIVE HANDS 12:30 -2:00</p> 	<p>Mah Jongg 12:30</p> <p>EVERY DAY Dominoes RummiKub Billards</p>	<p>Canasta Mah Jong 12:30 - 3:00</p> <hr/> <p>1:30 - 3:00</p>  <p>TAP DANCE</p>	<p>MUSIC APPRECIATION SING A LONG 1:30 – 2:30</p> 